

# Doctors You Should Know

## Chiropractic

### BECAUSE PEOPLE MATTER

Every day, millions of people struggle to find solutions to numb various pains. Many are not making progress or living well; however, there is a path that allows them to make progress and find those solutions. Treating the source of your problem allows your body to heal, not hide. At AcuCare Total Health, Eastern and Western medicine are partnered to provide patients with the smartest, most effective natural health care. We are knowledgeable, compassionate doctors providing effective solutions that remedy illness and promote wellness

In 1992, Dr. Gary Boyd, founder of AcuCare Chiropractic, opened his doors and welcomed in patients. Much has changed throughout the years. On November 23, 2007, the building AcuCare Chiropractic called home was destroyed by a fire. Determined to meet our patients' needs, we set up a temporary office overnight and were treating patients the very next day. "We didn't miss one day of operation due to the fire," Dr. Renee McMurry says. "If I had to go to war, I'd want my staff to go with me." On May 9, 2008, Dr. Boyd passed away, however his life's work continues to grow. Rising above these crises, we have maintained our commitment to our patients and to our high level of care.

Today, under the leadership of Dr. McMurry, Dr. Boyd's dream continues to expand as AcuCare Total Health. The new name and 6,000 square foot office is designed to emphasize our diligent commitment to enhancing your total well-being in a comfortable, state-of-the-art facility. On site, there are six doctors: Doctors Renee McMurry, Scott Varley, Michael Jung, Nathan McGowan, Stephen Nohava and Edwin Patrick; Occupational Therapist Jane Flynn; Physical Therapist Anne Green; Energy Medicine Technician Michele Foster; and Licensed Massage Therapists Thomas Donzelli and Dawn Maychszak.

At AcuCare Total Health, we make sure you are treated honestly and fairly. We realize that your cost and your time are very much a part of your healthcare decision. We will do everything we can to improve your health. We treat back, ankle, foot, hip, knee, leg, shoulder, elbow and hand issues; addictive and psychological issues; arthritis; auto injuries; carpal tunnel syndrome; chronic pain; endocrine disorders; female and male issues and sports injuries. Our treatments include chiropractic; traditional Chinese medicine including acupuncture, cupping, and herbology; cervical and lumbar decompression; massage therapy; physical therapy; occupational therapy; nutritional consulting; specialty lab services; bio-nuropulse and detoxification. If we don't believe that our treatments are the best option for your health, appropriate referrals are made.

Making a difference in the lives of patients who seek our help is the fuel that drives AcuCare Total Health, but we're driven to make a difference outside our clinic too. We reach out to those who need us through the Annual Toy Drive for the Walter Payton Foundation, the Geneva Great Strides Walk for Cystic Fibrosis, Lyme Disease Lectures and Support Groups and Prostate Screenings. The education our doctors receive and the knowledge we gain are gifts we want to share with as many people as possible. *Because people matter.*



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**Renee McMurry, D.C.**  
**Doctor of Chiropractic**  
National University of Health Sciences  
**Licensed Acupuncturist**  
**Interests and Specialties**  
Sports Injuries, Women's Health Issues, Fibromyalgia, PCOS, Lyme Disease, Chronic Pain  
Member of Harvest Bible Chapel

**Scott Varley**  
**Doctor of Chiropractic**  
National University of Health Sciences  
**Licensed Acupuncturist**  
**Diplomate in Traditional Chinese Herbology**  
**Certified in Applied Kinesiology**



**Michael Jung**  
**Doctor of Chiropractic**  
National University of Health Sciences  
**Licensed Acupuncturist**  
**Interests and Specialties**  
Whiplash, Brain Trauma, Sports Injuries, Kid Athletes, Carpal Tunnel, Elbow and Rotator Cuff, Child Scoliosis

**Nathan McGowan**  
**Doctorate of Chiropractic**  
National University of Health Sciences  
**Certified Acupuncturist**  
**Interests and Specialties**  
Athletes and Sports Injuries, Children, Digestive Problems, Nutritional Counseling, Headaches



**Stephen Nohava**  
**Doctor of Chiropractic**  
Northwestern Health Sciences University  
**Certified Acupuncturist**  
**Interests**  
Low Back Pain, Limb Pain, Headaches, Custom Orthotics, Women's Issues, Lyme Disease  
Member of Harvest Bible Chapel

**Edwin Patrick**  
**Doctor of Chiropractic**  
National University of Health Sciences  
**Diplomate American Board of Chiropractic Orthopedists**  
**Interests**  
Musculoskeletal and Geriatrics.

