

Allergy, Asthma & Sinus

Minimizing Allergy and Asthma Misery

If you consider spring one long sneeze, wheeze or itch, and just the thought of being around a dog or cat brings tears to your eyes and a drip to your nose, you are most likely among the one-third of Americans affected by the unnecessary symptoms of allergies. Suffer no longer. Noga Askenazi MD, President-Elect of the Illinois Society of Allergy, Asthma and Immunology, and a known National Speaker, is in your backyard and committed to helping you get the best allergy relief available.

Allergies are your immune system's reaction to something that doesn't bother most people, whether it's pollen, dust, mold, pet dander, food, insect stings or medicine. Normally, your immune system should fight invading germs, but during an allergic reaction, it's responding to a false alarm with a response that can harm you, not the invader. This response can trigger coughing, wheezing, itching, sneezing, post nasal drip, headaches, congestion, rashes, snoring, loss of taste or smell, irritated eyes and digestive problems.

If you suffer from any of these debilitating symptoms, award-winning allergist Dr. Askenazi (or Dr. A as her patients call her) offers the most advanced treatment for children and adults. A skin test, or patch, may be necessary to find potential triggers of your reactions. Our tests are the most convenient, cost effective ways to identify potential allergens and can be completed in the office at your visit. Blood tests for allergens are not as sensitive for detecting allergens and are three to four times more costly.

Once your triggers are discovered, Dr. Askenazi develops a custom treatment plan for you, offering the most effective avoidance and treatment methods available. For those whom conventional medications or avoidance strategies fail, immunotherapy desensitizes allergic individuals, improves their immune systems (from allergic to tolerant) and may abate symptoms permanently. Immunotherapy has been proven to help all types of environmental allergies and can prevent the development or progression of asthma as well.

Dr. Askenazi is **BOARD CERTIFIED** in Allergy, Asthma and Immunology and is one of few doctors in the area to offer Xolair, an FDA approved treatment that may get an asthmatic off inhaled steroids and back to a normal quality of life. Dr. Askenazi keeps up with the most recent advancements in the field and is very involved with the American Academy of Allergy, Asthma and Immunology, speaking nationally and to the local media. She's written various articles and publications and remains interested in completing cutting-edge research in the field.

At Advanced Allergy and Asthma Associates, our greatest satisfaction is providing our patients, our extended family, with the tools they need to free them from allergy symptoms and improve their quality of life. Dr. Askenazi and the rest of her staff at Advanced Allergy and Asthma Associates are dedicated to providing you with the highest quality of care. This year, stop suffering, let her help you take control of your allergies and get relief for good. For more information about allergies, Dr. Askenazi and her staff, or for [most up to date pollen counts](#), visit MyAllergyDr.com.

Advanced Allergy
and Asthma Associates



Dr. Noga Askenazi, MD
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Medical Societies
President-Elect of the Illinois Society of
Allergy, Asthma and Immunology
Fellow of the American Academy of
Allergy, Asthma and Immunology
Fellow of the American College of Allergy,
Asthma and Immunology
Active member of the American Medical
Association and the American Academy of
Pediatrics

Special Interests
Food Allergies
Severe Asthma
Eczema and Rashes
Chronic Sinusitis

Locations in:
Kane, Lake and McHenry counties

www.MyAllergyDr.com

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